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Learning from experiences: quantitative and qualitative analysis of patient experiences during the inpatient admissions process Kathleen Sheehan* and Tom Burns

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Objectives

The treatment of patients against their will has long been a controversial issue in psychiatric care. Recent research has focused on whether patients perceive they have been coerced into treatment, regardless of whether objectively coercive measures were used. Using both quantitative and qualitative analysis, this study examined perceptions of coercion in a population of patients admitted to psychiatric hospital in the United Kingdom.

Methods

Patients admitted to five adult psychiatric wards were recruited to participate in an interview about their experiences of the hospitalization process. 164 patients were interviewed during the first week of their admission. 12 of these patients subsequently participated in an in-depth interview about their experiences of psychiatric hospitalization 12–24 months following the index admission.

Results

Of the 164 patients recruited to participate, 128 patients (78%) were admitted voluntarily and 36 patients (22%) were admitted involuntarily under a section of the Mental Health Act. Voluntarily admitted patients reported significantly lower levels of perceived coercion than involuntarily admitted patients (2.4 +/- 1.7 vs. 4.1 +/- 1.2; Z = -5.33, p < 0.001). Thematic analysis of the in-depth interviews highlighted the role of legal status, perceptions of choice and therapeutic relationship in shaping patient experiences during the hospitalization process. Further quantitative analyses will examine the association of sociodemographic, clinical and experiential variables

with perceived coercion. Thematic analysis will systematically explore the experiences of patients in their own words.

Conclusion

By providing a better understanding of patients' experiences, this study may aid the development of policies and interventions for reducing negative experiences during psychiatric hospital admissions.