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Distinct impulsivity profiles in subtypes of violence among community-dwelling patients with severe mental disorders: a longitudinal study



Qi-Kai Wang^{1,2†}, Qin Yang^{3†}, Cheng-Xian Li², Yu-Feng Qiu², Xiao-Tong Yin², Jun-Mei Hu², Qin-Ting Zhang^{1*} and Xia-Can Chen^{2*}

Abstract

Background Although only a few patients with severe mental disorders (SMD) can commit violent behaviour in the community, violent behaviour aggravates the stigma towards patients with SMD. Understanding the subtypes of violent behaviour may be beneficial for preventing violent behaviour among patients with SMD, but it has rarely been studied.

Methods This longitudinal study investigated 1914 patients with SMD in the community at baseline, and the followup period ranged from February 2021 to August 2021. The Barratt Impulsiveness Scale Version-11, the Buss-Perry Aggression Questionnaire, the Impulsive/Premeditated Aggression Scale, the Personality Diagnostic Questionnaire and the MacArthur Community Violence Instrument were used at baseline. The Modified Overt Aggression Scale was used to assess the occurrence of violent behaviour (outcome) during the follow-up period. Cox regression models were used to calculate hazard ratios (HRs) with 95% confidence intervals (CIs). Latent class analysis was used to characterise the subtypes of patients with SMD who engaged in violent behaviour at follow-up.

Results We found that 7.2% of patients with SMD presented violent behaviour within six months in the community. Younger age (OR = 0.98, 95% CI = 0.96-1.00, p = 0.016) and no economic source (OR = 1.60, 95% CI = 1.10-2.33, p = 0.014) were risk factors for violent behaviour. Patients with SMD who engaged in violent behaviour could be classified into three subtypes: one class characterised by a history of violence and impulsivity, another class characterised by high levels of aggression and motor impulsivity, and the last class characterised by median cognitive impulsivity.

Conclusions Socio-demographic factors were risk factors for violent behaviour among patients with SMD, which could eliminate the discrimination toward this group. Impulsivity played a vital role in identifying the three subtypes of patients with SMD who engaged in violent behaviour. These findings may be helpful for the development of a personalised violence risk management plan for patients with SMD who commit violent behaviour in the community.

Keywords Severe mental disorder, Violent behaviour, Aggression, Impulsivity, Latent class analysis

[†]Qi-Kai Wang and Qin Yang contributed equally to this work.

*Correspondence: Qin-Ting Zhang zhangqinting@126.com Xia-Can Chen xiacanchen17@scu.edu.cn Full list of author information is available at the end of the article



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Background

Violence is one of the main negative outcomes of mental disorders, and it has been the focus of psychiatry, public health and policy fields for decades [1]. Although only a few patients with mental disorders engage in violent behaviour, the elevated risk of violence has led this group to experience more stigma [2, 3], which leads to enormous negative effects on society, with a total social cost of £2.5 billion annually [4]. To decrease the risk of violence among patients with mental disorders, violence risk management has always been the key point of community mental health service (CMHS) in China. The CMHS manages severe mental disorders (SMD), including six diagnoses: schizophrenia, schizoaffective disorder, delusional disorder, bipolar disorder, psychotic disorder due to epilepsy, and mental retardation with mental disorders [5]. The "686 Project" and the National Basic Public Health Services were launched in 2004 and 2009, respectively [6, 7]. However, the lack of objective evidence has always been an obstacle to improving the effectiveness of violence risk management in CMHS.

Although the MacArthur Violence Risk Assessment Study revealed that psychiatric symptoms did not increase the risk of violence among patients with mental disorders [8], several meta-analyses have shown that different mental disorders, such as schizophrenia, personality disorder and bipolar disorder, increased the risk of violence to different degrees [9]. These various findings were attributed to the heterogeneity of violent behaviour, which includes many subtypes. According to the objective, violence may be classified into violence to others, violence to oneself, etc., according to the form, violence may be classified into verbal and physical violence, etc., and according to the cause, violence may be classified into impulsive and premeditated violence [10, 11]. However, the first and second classifications are based on the characteristics of violence, which makes it difficult to provide evidence for violence risk management. The last classification, which may provide valuable information for violence risk management still needs a profile to expand the understanding of mental disorders among patients with mental disorders [12]. Therefore, it is necessary to analyse the subtypes of violence among patients with mental disorders.

A retrospective study using latent class analysis (LCA) revealed that schizophrenia may be divided into three subgroups on the basis of the associations of psychotic symptoms, alcohol and drug intoxication with violence, psychopathic traits, and impulsivity [13]. Another study divided offenders with SMD who were released from prisons and forensic psychiatric hospitals into psychotic, repetitive, institutional and less violent subtypes [14]. However, these studies focused on patients receiving

compulsory medical treatment or who were released into the community shortly after treatment, and they may not be suitable for the violence risk management of patients with mental disorders in the community. Furthermore, none of these studies were longitudinal studies, and longitudinal studies could provide more robust evidence for the violence risk management of patients with SMD in the community.

Prior studies in Western countries have established that several risk factors, such as younger age, male sex, and substance use, escalate the risk of violent behaviour among patients with mental disorders [12, 15], but the risk factors may vary in China, because China has different legal systems and social national conditions [16]. Furthermore, our previous research revealed that substance use, which is a powerful predictor of violence among patients with schizophrenia in Western countries, rarely occurred in patients with schizophrenia allegedly homicide offenders in China [17], because substance use is an illegal behaviour in China, and the Chinese government has a strict anti-drug policy [18].

In addition, many studies focusing on violence used a cross-sectional study design in China [19–21]. Only a few longitudinal studies focused on the risk factors for violence among patients with SMD in Chinese communities. A three-year follow-up study in Hong Kong revealed that previous violence, male sex and low education significantly increased the risk of violence among young patients presenting with first-episode psychosis [22]. Therefore, performing a longitudinal study to explore the risk factors for violent behaviour among patients with SMD in the community of China is essential.

Given this background, the present study aimed to: (1) identify the risk factors for violent behaviour among patients with SMD and (2) explore the subtypes of SMD patients engaged in violent behaviour during the followup period and present the characteristics of different subtypes. These findings may be helpful for developing targeted violence risk management for patients with SMD committing violent behaviour in the community.

Methods

Participants and procedure

The participants included 1914 patients with SMD who were registered in the Chengdu Mental Health Prevention and Management System in the community, and were between 18 and 65 years old (mean=44.6, SD=11.0). The following inclusion were used: (1) diagnosed with any of six severe mental disorders, including schizophrenia, schizoaffective disorder, delusional disorder, bipolar disorder, psychotic disorder due to epilepsy, and mental retardation with mental disorders; (2) aged between 18 and 65 years; and (3) registered in the Chengdu Mental Health Prevention and Management System. The following exclusion criteria were used: (1) unwillingness to accept community health management services; (2) failure to visit the management system; (3) unwillingness to participate in the questionnaire survey; and (4) documented substance use disorders.

The baseline survey was performed in February 2021. Social and demographic information, such as gender, age, and source of income, was collected from the Chengdu Mental Health Prevention Management System. Selfreport questionnaires were used to assess aggression, impulsivity and antisocial personality disorder (ASPD) characteristics. The self-evaluation scale was completed by the patient using a mobile phone at the community health service centre. The community mental health prevention personnel filled out the other questionnaires by combining the information of the Chengdu Mental Health Prevention Management System and interview information (face to face or telephone interviews). The follow-up survey was performed in August 2021 to assess whether the participants committed violent behaviour during the follow-up period. The violent behaviour (outcome) at follow-up was identified according to the score of the Modified Overt Aggression Scale (MOAS). Participants who scored above 0 according to their behaviour in the follow-up period were identified as positive; otherwise, they were identified as negative.

Measures

General information questionnaire

The demographic data, including age, gender, educational level, marital status, employment status, and economic source, were obtained from the Chengdu Mental Health Prevention and Management System. No economic source was defined as the absence of all forms of economic income except subsidies from governmental or non-governmental agencies, including work earnings and economic support from families. Child maltreatment was identified by asking "Have you experienced abuse/neglect before the age of 16, or do you have no fixed and continuous caregivers (this only requires stable caregivers, who can be grandparents or someone having no blood relationship with the patient)". The participants were classified as having experienced child abuse if they answered "Yes".

The modified overt aggression scale

The Modified Overt Aggression Scale (MOAS) was used to assess the severity of violence (outcome) after six months of follow-up. The MOAS consists of four subscales: verbal aggression (VA), aggression against property (AAP), self-aggression (SA) and physical aggression (PA) [23]. The intraclass correlation coefficients were 0.90, 0.56, 0.49, and 0.90 for VA, AAP, SA and PA, respectively [24]. The score of each item ranges from 0 to 4, with "0" indicating no aggression and higher scores representing more severe levels of aggression. A weighted score was calculated for each subscale, and the weighted sums of each subscale were added together to obtain the total score [25]. If a participant was scored 0, he or she belonged to the non-violent group, and if the participant was scored above 0, he or she belonged to the violent group.

The MacArthur community violence instrument

The MacArthur Community Violence Instrument (MCVI) was used to evaluate whether participants had a history of violent behaviour: (1) battery acts whether or not physical injury was involved, (2) assaultive acts involving the use of a weapon or threats with a weapon, and (3) sexual assault [26, 27]. The act of any of the above behaviours was identified as having a history of violence.

The Buss-Perry aggression questionnaire

The Buss-Perry Aggression Questionnaire (BPAQ), a selfquestionnaire was used to evaluate the characteristics of aggression. It is a four-factor structure scale that includes physical aggression, verbal aggression, anger, and hostility [28]. Each item is scored on a 5-point Likert-type scale: 1 (extremely untypical of me) to 5 (extremely typical of me). Higher total scores on the scale indicated more aggressive behaviour. The Cronbach's α coefficients of the physical aggression, verbal aggression, anger, and hostility subscales were 0.77, 0.72, 0.81 and 0.81, respectively [29].

The barratt impulsiveness scale-11

The Barratt Impulsiveness Scale-11 (BIS-11), a self-report questionnaire, was used to assess the impulsive characteristics of the participants. It contains three subscales, attentional impulsiveness (AI), non-planning impulsiveness (NPI) and motor impulsiveness (MI) and each item is rated on a 5-point Likert scale from 1 (never) to 5 (always) [30]. The BIS-11 has demonstrated high reliability and validity in English and Chinese versions [31, 32]. The Cronbach's α coefficients were 0.78, 0.83 and 0.81 for the AI, NPI and MI, respectively [33].

The impulsive/premeditated aggression scale

The Impulsive/Premeditated Aggression Scale (IPAS), a self-report questionnaire, was used to assess the subtypes of violent behaviour. It has two subscales, impulsive aggression (IA) and premeditated aggression (PM) and the rating is performed on a 5-point Likert scale (1=Strongly Disagree to 5=Strongly Agree) [34, 35]. It was translated into Chinese in 2009 and the Cronbach's α values of the IA and PM subscales were 0.73 and 0.70, respectively [36].

The personality diagnostic questionnaire

The Personality Diagnostic Questionnaire (PDQ-4+) is a self-report questionnaire that is used to evaluate 12 types of personality disorders on the basis of the DSM-IV criteria [37, 38]. The PDQ-4+ was translated into Chinese in 2002 [39]. This study used the ASPD subscale, which has 8 items (answering "yes" or "no" for each item), and the Cronbach's α was 0.68 [40]. The participants who had a score equal to or above three points indicated traits of ASPD [41].

Statistical analysis

The participants were divided into non-violent groups and violent groups according to the occurrence of violent behaviour in the follow-up period. Demographic characteristics were initially compared by outcome status using t tests and χ^2 tests for continuous and categorical variables, respectively. Next, a univariate Cox model was used to calculate the hazard ratio (HR) and 95% confidence interval (95% CI) to identify risk factors for violent behaviour. These risk factors were further examined via multivariate Cox models. For all analyses, two-sided *p* values less than 0.05 were considered statistically significant. These analyses were performed using SPSS Statistics 26.0 software.

Latent class analysis (LCA) was performed using the Z-scores of the BPAQ, BIS-11, IAPS and MOAS from participants who committed violent behaviour in the follow-up period. The Z score is a common and use-ful method for standardising continuous variables [42]. Each variable was classified into two categories according to whether the Z-score was above or below 0, and the Z score was only used for LCA.

The LCA analyses were performed in Mplus version 7.4. We examined models comprised of 2 to 5 classes to determine the best-fitting latent class model. The fit indices, including the Bayesian Information Criterion (BIC), the Akaike's Information Criterion (AIC), the sample-size-adjusted BIC (aBIC), and entropy, were used to identify the best fitting model. Smaller AIC, BIC, and aBIC values indicated a better fit of the model. An entropy > 0.8 indicated that the classification was reasonable [43, 44]. The Vuong-Lo-Mendell-Rubin likelihood ratio test (LMRT) and the bootstrap likelihood ratio test (BLRT) were used to identify whether the fit of a model with K classes was better than the fit of a model with K-1 classes [45]. Logistic regression was performed in posthoc analysis to estimate the different factors between subtypes.

Results

Characteristics of the study population

Table 1 presents the socio-demographic and clinical characteristics grouped by the occurrence of violent behaviour during the follow-up period. Among the 1615 patients, 117 (7.2%) engaged in violent behaviour during the follow-up period. Age, no economic source, child maltreatment, violence history, ASPD, BPAQ, motor impulsivity, non-planning impulsivity, BIS-total score, IA and PM differed significantly between the two groups (p < 0.05).

Risk factors for violent behaviour

The risk factors for violent behaviour are presented in Table 2. In the univariate Cox model, age (HR = 0.98, 95%CI=0.96-1.00, *p*=0.009), child maltreatment (HR=2.43, 95% CI=1.31-4.53, *p*=0.005), no economic source (HR = 1.81, 95% CI = 1.26 - 2.61, p = 0.004), BPAQ-physical aggression (HR=1.06, 95% CI=1.03–1.09, *p*<0.001), BPAQ-verbal aggression (HR=1.06, 95% CI=1.01-1.12, *p*=0.023), BPAQ-anger (HR=1.05, 95% CI=1.01-1.09, p = 0.016), BPAQ-hostility (HR = 1.04, 95% CI = 1.01-1.07, p = 0.003), BIS-motor impulsiveness (HR = 1.04, 95% CI=1.01-1.06, p=0.012), IA (HR=1.07, 95%) CI=1.04-1.11, p<0.001), IA (HR=1.07, 95% CI=1.04-1.11, *p* < 0.001) and PM (HR = 1.06, 95% CI = 1.03–1.09, p < 0.001) were risk factors for violent behaviour in the follow-up period (6 months) (Table 2). According to the multivariate Cox regression analysis, younger age (HR=0.98, 95% CI=0.96-1.00, p=0.016) and no economic source (HR = 1.60, 95% CI = 1.10-2.33, p = 0.014) were statistically significant risk factors for violent behaviour during the follow-up period.

Latent class analysis

LCA analysis was performed on the basis of the Z score, and the details of the Z score are presented in Table S1 (Supplemental *Materials*). Model fit indices for various models with different latent classes are listed in Table 3. Although the AIC and aBIC decreased with increasing classification number, the difference in the LMR test was not significant between the 3-class and 4-class models. Moreover, the AIC and aBIC of the 3-class model were smaller than the 2-class model, whereas the entropy of the 3-class model was greater than the 2-class model. Taken together, the 3-class model was the best-fitting model. Figure 1 shows the profiles of the subtypes for the 3-class model.

The first class (N=41, 35.0%), which was labelled as the "violence history and impulsivity" subtype, featured a high probability of aggression and impulsiveness (greater than 70%). The second class (N=45, 38.5%), which was labelled the "high aggression and motor impulsivity"

Variable	Total (n = 1615)	non-violence (n = 1498)	violence (<i>n</i> = 117)	t/χ²
Age (year)	44.62±10.98	44.83±10.91	41.94±11.56	2.75**
Male	899(55.67)	838(55.94)	61(52.14)	0.64
Education(year)	7.98±4.30	7.97±4.34	8.02±3.68	-0.10
Marital status				3.63
Unmarried	651(40.31)	596(39.79)	55(47.01)	
Married	693(42.91)	645(43.06)	48(41.03)	
Divorced	238(14.74)	225(15.02)	13(11.11)	
widowed	26(1.61)	25(1.67)	1(0.85)	
Missingdata	7(0.43)	7(0.46)	0(0.00)	
Unemployment	769(47.62)	709(47.33)	60(51.28)	0.68
No economic source	514(31.83)	459(30.64)	55(47.01)	13.40***
Child maltreat- ment	60(3.72)	49(3.27)	11(9.40)	11.40**
Violence history	460(28.48)	414(27.64)	46(39.32)	7.27**
ASPD	163(10.09)	144(9.61)	19(16.24)	5.25*
Schizophrenia BPAQ	1223(75.73)	1135(75.77)	88(75.21)	0.02
PA	22.37±6.57	22.18±6.58	24.83±5.93	-4.62***
VA	13.36±3.67	13.29±3.68	14.28±3.33	-3.08**
Anger	18.20±4.71	18.10±4.69	19.51 ± 4.69	-3.14**
Hostility	22.53 ± 6.85	22.36±6.87	24.68±6.21	-3.86***
BPAQ Total Score	76.46 ± 20.38	75.93 ± 20.45	83.31 ± 18.25	-4.17***
BIS-11				
AI	34.34±7.83	34.25±7.84	35.50 ± 7.59	-1.66
мі	23.71 ± 6.45	23.60 ± 6.48	25.23 ± 5.88	-2.87**
NPI	34.09 ± 8.77	33.96±8.81	35.76 ± 8.06	-2.14*
BIS-11 Total Score	92.14±16.89	91.81±16.90	96.49±16.20	-2.89**
IA	19.35±5.22	19.19±5.24	21.39±4.48	-5.05***
РМ	24.64±7.07	24.43±7.07	27.29 ± 6.54	-4.53***
MOAS				
VA	0.08 ± 0.37	0.00 ± 0.00	1.13 ± 0.83	-14.78***
AAP	0.04 ± 0.28	0.00 ± 0.00	0.57 ± 0.90	-6.86***
SA	0.02 ± 0.17	0.00 ± 0.00	0.25 ± 0.59	-4.58***
PA	0.03 ± 0.25	0.00 ± 0.00	0.36 ± 0.85	-4.59***
Total MOAS score	0.32±1.77	0.00 ± 0.00	4.45±4.99	-9.65***

 Table 1
 Differences of characteristics grouped by the occurrence of violent behaviour in follow-up period (6 months) among patients with SMD

ASPD Antisocial Personality Disorder, BPAQ Buss Perry Aggression Questionnaire, BIS Barrett Impulsiveness Scale, PA Physical Aggression, VA Verbal Aggression, AI Attentional Impulsiveness, MI Motor Impulsiveness, NPI Non-planning Impulsiveness, IA Impulsive Aggression, PM Premeditated Aggression, AAP Aggression against property, SA Self aggression;

*p<0.05

*n<0.01

***p<0.001

subtype, consisted of patients who had a high probability of aggression and motor impulsivity (greater than 70%). The third class (N=31, 26.5%), which was labelled the "median cognitive impulsivity" subtype, consisted of

Table 2	Cox-proportional hazards models for the violent
behaviou	ur in follow-up period (6 months)

Variables	Univariate mo	del	Multivariate model		
	HR (95% CI)	p	HR (95% CI)	p	
Age(year)	0.98(0.96-1.00)	0.009	0.98(0.96-1.00)	0.016	
Child maltreatment	2.43(1.31-4.53)	0.005	1.55(0.80-3.00)	0.193	
No economic source	1.81(1.26-2.61)	0.004	1.60(1.10-2.33)	0.014	
BPAQ					
Physical Aggression	1.06(1.03-1.09)	< 0.001	1.05(1.00-1.11)	0.061	
Verbal Aggression	1.06(1.01-1.12)	0.023	1.01(0.92-1.11)	0.865	
Anger	1.05(1.01-1.09)	0.016	0.97(0.90-1.04)	0.366	
Hostility	1.04(1.01-1.07)	0.003	0.97(0.91-1.04)	0.405	
Motor impulsivity (BIS-11)	1.04(1.01-1.06)	0.012	1.01(0.97–1.04)	0.676	
IA	1.07(1.04-1.11)	< 0.001	1.02(0.97-1.08)	0.396	
PM	1.06(1.03–1.09)	< 0.001	1.04(1.00-1.08)	0.067	

HR hazard ratio, CI confidence interval, BPAQ Buss Perry Aggression Questionnaire, BIS Barrett Impulsiveness Scale, IA Impulsive Aggression, PM Premeditated Aggression

patients featuring a low probability of aggression (less than 30%) and a median probability of attentional impulsivity and non-planning impulsivity (greater than 50%).

The class response percentages within variables and differences in characteristics between classes are presented in Table 4. Class 1, named "violence history and impulsivity", outperformed the other two subtypes in terms of physical aggression, attentional impulsivity, non-planning impulsivity, and impulsive aggression but these patients were more likely to have a violent history. In contrast, class 2, named "high aggression and motor impulsivity", was more likely to have higher scores for physical aggression, verbal aggression, anger, hostility and motor impulsivity. In contrast, class3, named "median cognitive impulsivity", presented greater attentional and no-planning impulsivity compared to class 2 (Table 4). The class response percentages within classes are presented in Table S2 (*Supplemental Materials*).

Discussion

The present study provides primary findings that distinctive impulsivity features three subtypes of violent behaviour among patients with SMD on the basis of longitudinal community samples in China. To our knowledge, this report is the first study to use the LCA model to investigate potential subtypes of SMD patients engaged in violent behaviour in the community. We found that younger age and no economic source were risk factors for violent behaviour among patients with SMD in the community. There were three subtypes of patients with SMD who engaged in violent behaviour and various profiles of

Number of classed	Log Likelihood	Number of parameters	AIC	BIC	aBIC	LMRT <i>P</i> -value	Entropy	BLRT <i>P</i> -value
2	-897.32	31	1856.64	1942.27	1844.27	< 0.001	0.95	< 0.001
3	-855.31	47	1804.63	1934.45	1785.88	0.002	0.95	< 0.001
4	-828.22	63	1782.43	1956.45	1757.30	0.059	0.98	< 0.001
5	-804.42	79	1766.84	1985.05	1735.33	0.598	0.97	< 0.001

Table 3 Fit indices for latent class analysis models with 2–5 cla
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AIC The Akaike's Information Criterion, BIC The Bayesian Information Criterion, aBIC The sample-size-adjusted BIC, LMRT The Vuong-Lo-Mendell-Rubin Likelihood Ratio Test, BLRT The Bootstrap Likelihood Ratio Test



Fig. 1 Probability distribution of classes for 3-class model among patients with violent behaviour recurrence in follow-up. ASPD, Antisocial Personality Disorder; BPAQ, Buss Perry Aggression Questionnaire; BIS, Barrett Impulsiveness Scale; PA, Physical Aggression; VA, Verbal Aggression; AI, Attentional Impulsiveness; MI, Motor Impulsiveness; NPI, Non-planning Impulsiveness; IA, Impulsive Aggression; PM, Premeditated Aggression; MOAS, Modified Overt Aggression Scale; AAP, Aggression against property; SA, Self aggression

impulsivity and violence history were presented in these subtypes. These results should be helpful for setting targeted violence and risk management of violence according to the subtype feature in the community and provide useful information on the mechanism of violence, which has shown inconsistent findings because of the heterogeneity of violent behaviour.

Our results revealed that during the 6-month followup period, 7.2% of patients exhibited violent behaviour. The incidence of violence was relatively low compared to that reported in Huang's study 40.3%, which was based on 491 participants with schizophrenia in a rural area of southern China [46]. We believe that the various followup periods, the 6-month follow-up period in the present study and the 2-year follow-up period in Huang's study, may account for the difference. Compared to the rural areas, the treatment compliance of urban communitydwelling patients was relatively good, and the community management system provided basic guarantees for antipsychotic treatment for patients with SMD, which may be another reason for the low rate of violent behaviour in this study. This finding suggests that the Chengdu Mental Health Prevention and Management System was effective in managing the violent risk of patients with SMD. Although an uneven distribution of mental health resources still exists in China [47], these findings suggest that increasing the investment intensity of these projects, especially in rural areas, may be useful for preventing violent behaviour among SMD.

Our study revealed that younger age and no economic source were risk factors for violent behaviours in patients with SMD, which is consistent with the findings of previous studies. There is ample evidence that young people with mental disorders are more likely to be engaged in violent behaviour [2, 48]. Patients without financial resources were also more prone to violent behaviour, which was confirmed in previous studies [48, 49]. Moreover, our results showed that the violent behaviour of patients with SMD was not associated with unemployment but with a lack of financial resources. This result is possibly because patients have no job and no financial support from their family, which indirectly reflects a lack of supervision. Patients without supervision have low medication adherence [50],

Table 4 Class response percentages within variable and differences of characteristics between classes among participa	ants
commetted violent behaviour in 6-month follow-up period ($n = 117$)	

	Class1 (n=41, 35.04%)	Class2 (n=45, 38.46%)	Class3 (n=31, 26.50%)	Class1 vs. Class3 OR (95%Cl)	Class2 vs. Class3 OR (95%Cl)	Class2 vs. Class1 OR (95%Cl)
Age	43.59±11.93	41.69±11.41	40.13±11.34	1.03(0.99–1.07)	1.01(0.97-1.05)	0.99 (0.95-1.02)
Gender						
Male	28(68.29)	23(51.11)	10(32.26)	4.52(1.66–12.29)**	2.20(0.85-5.70)	0.49(0.20-1.17)
Female	13(31.71)	22(48.89)	21(67.74)	ref	ref	ref
Education	7.51±3.82	8.11±3.46	8.55 ± 3.85	0.93(0.81-1.05)	0.97(0.85-1.10)	1.05(0.93–1.18)
Marital status						
Unmarried	20(48.78)	20(44.44)	15(48.39)	ref	ref	ref
Married	19(46.34)	16(35.56)	13(41.94)	1.10(0.41-2.90)	0.92(0.34-2.49)	0.84(0.34-2.09)
Divorced	2(4.88)	8(17.78)	3(9.68)	0.50(0.07-3.38)	2.00(0.45-8.84)	4.00(0.75-21.22)
widowed	0(0.00)	1(2.22)	0(0.00)	0.99(0.99–0.99)	-	-
Unemployed	20(48.78)	22(48.89)	18(58.06)	0.69(0.27-1.76)	0.69(0.28-1.74)	1.00(0.43-2.34)
No economic source	11(26.83)	8(17.78)	0(0.00)	1.09(0.43-2.76)	0.57(0.23-1.44)	0.52(0.22-1.24)
Child maltreatment	6(14.63)	4(8.89)	1(3.23)	5.14(0.59-45.15)	2.93(0.31-27.53)	0.57(0.15-2.18)
Violence history	23(56.10)	14(31.11)	9(29.03)	3.12(1.16-8.41)*	1.10(0.41-3.00)	0.35(0.15–0.85)*
Schizophrenia	32(78.05)	35(77.78)	21(67.74)	1.69(0.59-4.87)	1.67(0.60-4.67)	0.98(0.36-2.73)
ASPD	11(26.83)	8(17.78)	0(0.00)	-	-	0.59(0.21-1.65)
BPAQ						
PA	28.80 ± 3.74	26.49 ± 3.05	17.16±4.12	4.16(2.08-8.34)***	3.35(1.70-6.62)***	0.81(0.69–0.94)**
VA	15.15±2.86	15.67±2.20	11.13±3.27	1.77(1.36-2.30)***	1.93(1.46–2.54)***	1.09(0.92-1.30)
Anger	21.76±3.64	21.29±2.35	13.97±4.00	1.84(1.46-2.31)****	1.74(1.40-2.16)***	0.95(0.82-1.10)
Hostility	28.17±4.25	27.29±2.44	16.29±4.11	2.37(1.62-3.46)****	2.18(1.51-3.15)****	0.92(0.81-1.05)
BPAQ Total Score	93.88±11.16	90.73±6.67	58.55±13.68	3.10(0.87-11.12)	2.98(0.83-10.68)	0.96(0.91-1.01)
BIS-11						
AI	41.88 ± 5.46	30.42±2.61	34.42±8.79	1.22(1.11-1.34)****	0.87(0.79–0.96)**	0.71(0.63-0.80)****
MI	26.41±6.23	27.82±3.75	19.90 ± 4.48	1.27(1.13-1.41)****	1.35(1.20-1.52)****	1.07(0.97-1.17)
NPI	42.20±4.81	30.69±4.89	34.61±9.41	1.24(1.12-1.36)***	0.92(0.85-0.99)**	0.74(0.67-0.82)***
BIS-11 Total Score	110.49±9.76	88.93±8.35	88.94±19.32	1.23(1.13–1.33)****	1.00(0.97-1.04)	0.82(0.75-0.88)****
IA	23.78±2.64	21.56±2.57	18.00±6.23	1.53(1.28–1.84)****	1.22(1.07–1.38)**	0.79(0.68–0.93)**
PM	29.27 ± 4.47	28.20±3.98	23.35 ± 9.63	1.16(1.07–1.27)**	1.13(1.04–1.22)**	0.97(0.90-1.04)
MOAS						
VA	1.02 ± 0.72	1.31 ± 1.00	1.00±0.63	1.05(0.56-1.95)	1.59(0.88–2.87)	1.53(0.90-2.60)
AAP	0.44 ± 0.78	0.76 ± 1.00	0.48 ± 0.89	0.93(0.53-1.66)	1.38(0.82-2.32)	1.48(0.91-2.41)
SA	0.24 ± 0.58	0.33±0.71	0.13±0.34	1.72(0.57-5.16)	2.16(0.75-6.25)	1.26(0.63-2.52)
PA	0.32 ± 0.72	0.40±0.81	0.35 ± 1.05	0.94(0.53-1.68)	1.06(0.62-1.81)	1.13(0.68–1.88)
Total MOAS score	3.90±3.47	5.42±6.41	3.77±4.23	1.01(0.89–1.14)	1.08(0.96–1.20)	1.07(0.97–1.18)

Class 1, violence history and impulsivity; Class 2, high aggression and motor impulsivity; Class 3, median cognitive impulsivity

OR Odds Ratio, CI confidence interval, ASPD Antisocial Personality Disorder, BPAQ Buss Perry Aggression Questionnaire, BIS Barrett Impulsiveness Scale, PA Physical Aggression, VA Verbal Aggression, AI Attentional Impulsiveness, MI Motor Impulsiveness, NPI Non-planning Impulsiveness, IA Impulsive Aggression, PM Premeditated Aggression, MOAS Modified Overt Aggression Scale, AAP Aggression against property, SA Self-aggression

***p* < 0.01

****p*<0.001

which is related to the occurrence of violent behaviour [51]. Therefore, more attention should be focused on monitoring the risk of violent behaviour among young and economically disadvantaged patients with SMD.

Moreover, our study revealed that schizophrenia was not a risk factor for violence among patients with SMD. This finding was different from a meta-analysis that identified schizophrenia as a risk factor for violence [15]. We believe that the various study designs used may explain

^{*}p<0.05

this difference because this study was performed among patients diagnosed with schizophrenia, schizoaffective disorder, delusional disorder, bipolar disorder, psychotic disorder due to epilepsy, or mental retardation with mental disorders, whereas the meta-analysis was performed with a general population sample. Furthermore, many studies have identified substance use as a strongly predictive factor of violence [1, 15], which was not the finding of our study. This difference is because substance use disorders were not included in this study, which included participants from the Chengdu Mental Health Prevention Management System. Substance use is illegal in China [18], so people with substance use disorders are not included in the Chengdu Mental Health Prevention Management System. In addition, as stated in other studies, SMD does not independently predict future violent behaviour [52] and risk factors affecting non-psychotic persons could similarly increase the risk among those with psychosis [53]. Further mechanistic studies revealed that anger due to delusional beliefs was a key intermediate variable in the pathway from persecutory/threat delusions to serious violence among psychiatric patients [54, 55]. These results may partially eliminate the stigma of patients with SMD.

Our results revealed that patients with SMD who engaged in violent behaviours were classified into three subtypes. The "violence history and impulsivity" subtype was more likely to have a violent history. A violent history has been consistently reported as a risk factor for violence among patients with mental disorders or among the general population [56, 57]. Moreover, this class presented the highest percentage of antisocial traits among the three subtypes, which was similar to Hodgin's first phenotype of schizophrenia patients with violence described as displaying violent and antisocial behaviours regardless of the onset of schizophrenia [12]. Hodgin classified violent schizophrenia patients through clinical observation, and our results of an LCA model based on violent patients with SMD also supported this observation. In addition, the "violence history and impulsivity" subtype was similar to Joyal's cluster II labelled "repetitive violent offenders", which reported significantly more lifetime violent acts and higher scores for impulsivity [14]. Although the study design, sample source and variables included in the LCA varied between these studies, they all reported similar subtypes, which strongly demonstrated the robustness of this subtype. Therefore, the "violence history and impulsivity" subtype may be a target of the risk management of violence in the mental health services of communities. These findings may aid mental health professionals in recognising appropriate indicators to prevent violent behaviour among community patients with SMD to facilitate more tailored treatment programs.

Different profiles of impulsivity were the main factors that distinguished the three subtypes of violent behaviour among SMD patients. Impulsivity has been consistently associated with different types of violent behaviour, such as careless driving, starting fights, and implementing domestic violence [58-61]. Our previous study revealed that impulsivity was a key factor in the relationship between child maltreatment and negative behaviour [62]. Furthermore, the three components of impulsivity, including motor, non-planning and attentional impulsivity, could play different roles in violent behaviour [31, 63]. Previous studies found that non-planning impulsivity was an independent crucial indicator of homicidal patients with schizophrenia [64], whereas a higher level of motor impulsivity in patients with externally directed violence as well as self-directed violent behaviour played a vital role in the occurrence of violence [65]. The potential route by which impulsivity causes violent behaviour may result from impaired executive function and control function of the brain [66, 67]. These results provide new evidence for the heterogeneity of violent behaviour, which suggests that different profiles of impulsivity in these subtypes have different underlying mechanisms of violent behaviour.

Limitations

This study also has several limitations. First, this study had a relatively short (6 months) follow-up period. Although this duration may be derived from the impact of the COVID-2019 epidemic to some degree, the limited observation period may reduce the rate of violent behaviour. Second, because the assessors were community psychiatric management physicians rather than psychiatrists, we did not assess the severity of psychotic symptoms in patients with mental disorders. However, we used a diagnosis made by a clinical psychiatrist to compensate for this limitation to some degree. Third, certain instruments, such as the BPAQ, were self-administered, which may result in some bias, particularly among patients with SMD whose consecutive altered perceptions of themselves and their environment may be distorted. Fourth, this study included patients with SMD containing six diagnoses, which may be associated with diagnostic heterogeneity, because of the different aetiologic and symptomatologic aspects of the different diagnoses. Finally, we only assessed whether violence occurred within the given 6 months and did not count the length of time the violence occurred from the baseline survey, but the latter data could provide more information.

Conclusions

Only a few patients with SMD engaged in violent behaviour within six months in the community, and sociodemographic factors, rather than diagnosis, were risk factors for violent behaviour among patients with SMD in the

community of China, which could eliminate the discrimination towards patients with mental disorders. Patients with SMD who engaged in violent behaviour may be classified into three subtypes, namely, violence history and impulsivity, high aggression and motor impulsivity, and median cognitive impulsivity subtypes, which provides novel evidence for the heterogeneity of violent behaviour. Future studies investigating violent behaviour in patients with psychiatric disorders should consider the violent history and the impact of impulsivity. It is necessary to perform longitudinal studies among a general population sample to identify the influence of diagnostic heterogeneity in China. These findings may be helpful for identifying the target of violence risk management for patients with SMD in the community and provide useful information on the mechanism of violence in mental disorders.

Abbreviations

Severe mental disorders
Community mental health service
Impulsive aggression
Antisocial personality disorder
Premeditated aggression
Coronavirus disease 2019
Latent class analysis
Buss-Perry Aggression Questionnaire
Personality Diagnostic Questionnaire
Physical aggression
Self aggression
Verbal aggression
Aggression against property
Barratt Impulsiveness Scale-11
Modified Overt Aggression Scale
Attentional impulsiveness
Hazard ratio
Non-planning impulsiveness
Confidence interval
Motor impulsiveness
Odds ratio
Impulsive/Premeditated aggression scale
MacArthur Community Violence Instrument
Bayesian Information Criterion
: Akaike's Information Criterion
Sample-size-adjusted BIC
Vuong-Lo-Mendell-Rubin Likelihood Ratio Test
Bootstrap Likelihood Ratio Test

Supplementary Information

The online version contains supplementary material available at https://doi. org/10.1186/s12888-024-06044-z.

Supplementary Material 1.

Authors' contributions

CXC and YQ designed this study. YQ completed the data collection. WQK and CXC analyzed the data and drafted the manuscript. ZQT, LCX, YQ, QYF, YXT and HJM provided critical revision of the manuscript. All authors contributed to revising the manuscript and approving the final manuscript.

Funding

This study was supported by the National Natural Science Foundation of China (no. 82302119), the China Postdoctoral Science Foundation (no. 2020TQ0219), the Sichuan Science and Technology Program (no.

2023YFS0291) and the Open Project of Shanghai Key Lab of Forensic Medicine, Key Lab of Forensic Science, Ministry of Justice, China (Academy of Forensic Science) (no. KF202313).

Availability of data and materials

All data and materials are available from the corresponding author on reasonable request.

Declarations

Ethics approval and consent to participate

This study was approved by the Medical Ethics Committee of Sichuan University (No: K2021010). Informed consent was obtained from all participants before data collection.

Consent for publication Not applicable.

Competing interests The authors declare no competing interests.

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Author details

¹Shanghai Key Lab of Forensic Medicine, Key Lab of Forensic Science, Shanghai Forensic Service Platform, Ministry of Justice, Academy of Forensic Science, 1347#, West Guangfu Road, Putuo District, Shanghai, China. ²West China School of Basic Medical Sciences and Forensic Medicine, Sichuan University, 16#, The Third Section of People South Road, Wuhou District, Chengdu, China. ³The Fourth People's Hospital of Chengdu, Chengdu, China.

Received: 27 January 2024 Accepted: 23 August 2024 Published online: 30 August 2024

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