

Oral presentation

The practice of physical restraint in the UK

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Background

To give an overview of coercive measures in the UK and present data relating to coercive measures in the Wrexham Maelor Hospital in Wales.

Methods

Audit data presentation and overview.

Results

Coercion in the UK is primarily done by control and restraint procedures, which may lead to the application of medication (chemical restraint). Mechanical restraint is not used at all in adult psychiatry. Overall incidences of coercive measures are less frequent and less long than in equivalent German hospitals.

Conclusion

It is possible to run adult psychiatric wards without long-term mechanical restraint.